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Directions:

Date your current level of satisfaction with each area.

1. Fill in each section of the Wheel to represent your feeling of satisfaction with each corresponding area of your life. (1 indicates unsatisfying, 10 indicates amazing)
2. Connect the circled answers to create a wheel. Look at the Wheel. How round is it? The rounder the wheel, the more balanced your life.



Is your life out of balance?

**FOR A FREE 15 MINUTE CONSULTATION
Call 631-648-9296**

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